

Useful Organisations

In College

Imperial Counselling and Mental Health Advice Service

[Student Counselling and Mental Health Advice Service | Imperial students | Imperial College London](#)

Sexual Violence Liaison Officers

[Meet the Sexual Violence Liaison Officer Team | Imperial students | Imperial College London](#)

Local/ Student/ Young Person Focused

Nightline

[Students there for Students - London Nightline](#)

London Nightline is an anonymous listening and information service run by students, for students.

National Union of Students

<https://www.nus.org.uk/student-advice-information>

The NUS's advice section is a good starting point when looking for any sort of help or advice on topics including sexual health.

Brook Advisory Service

<http://www.brook.org.uk/our-services/category/ask-brook>

Ask Brook is a helpline service that provides sexual health information and support for anyone under 25, anywhere in the UK via a 24/7 online tool.

Kooth

<http://www.kooth.com/>

Kooth provides free and anonymous support for young people via an online chat service.

Emergency/ First Response/ Crisis

Police, Fire and Rescue Service, Ambulance Service:

Dial 999 in an emergency. (Dial 101 if it's less urgent.)

NHS First steps

<https://www.nhs.uk/live-well/sexual-health/help-after-rape-and-sexual-assault/>

This website gives advice on what to do immediately after a sexual assault or rape.

Sexual Assault Referral Centres

https://www.nhs.uk/Service-Search/Rape_and_sexual_assault_referral_centres/LocationSearch/364

An online service that helps people locate their nearest Sexual Assault Referral Centre (SARC).

Samaritans

<http://www.samaritans.org/>

A nation-wide helpline that provides emotional support to anyone who's in distress, struggling to cope or at risk of suicide.

Useful Organisations

National

Revenge Porn Helpline

<https://revengepornhelpline.org.uk/>

The Revenge Porn Helpline provides practical assistance and advice on reporting and removing content online.

Rape crisis

<http://rapecrisis.org.uk/>

Rape Crisis England and Wales provide specialist services for women and girls who have been raped and/or experienced any other form of sexual violence.

The Survivors Trust

<https://www.thesurvivorstrust.org/sarc>

The Survivors Trust (TST) is a nationwide umbrella agency for over 100 specialist organisations that help those affected by rape, sexual violence and childhood sexual abuse. Their website has a range of information about services including Sexual Assault Referral Centres (SARC) and Independent Sexual Violence Advisors (ISVA).

National Domestic Violence Helpline

<http://www.nationaldomesticviolencehelpline.org.uk/>

0800 2000 247

A 24-hour national helpline for women experiencing domestic violence, for their family, friends, colleagues and others calling on their behalf.

Womensaid

<http://www.womensaid.org.uk/>

A national charity that supports women and children experiencing domestic violence.

Imkaan

<http://imkaan.org.uk/>

Imkaan is a UK-based, black feminist organisation dedicated to addressing violence against women and girls.

Muslim Women's network

<http://www.mwnhelpline.co.uk/>

Support service for Muslim women.

Men's Advice Line

<http://www.mensadviceline.org.uk/>

0808 801 0327

A confidential helpline for any man experiencing domestic violence and abuse.

Enhance the UK

<http://enhancetheuk.org/enhance/sex-and-disability/>

Enhance the UK's campaign 'Undressing Disability' is aiming to raise standards in sexual health and sexual awareness for disabled people.

Useful Organisations

Stonewall

<https://www.stonewall.org.uk/help-advice/whats-my-area>

Stonewall campaigns for the equality of lesbian, gay, bisexual and trans people across Britain. This search tool on their website helps find local LGBT support services and community groups.

Respect

<http://respectphoneline.org.uk/>

A confidential and anonymous helpline and email service for anyone who is concerned about their violence and/or abuse towards a partner or ex-partner. They provide advice, information and support.